

# Materials You Will Need For SoulCollage®

1. Cards: 5" x 8" mat board for cards. This is very sturdy multilayered cardboard backing. You may find it at art or craft supply stores or you can try calling your local frame shops and ask for their scrap mat board. You can cut it down to the size you need with a cardboard box cutter. Some folks have purchased extra thick index cards thinking they would be sturdy enough, but ended up being really flimsy. Try to stick with mat board backing. Extra thick chip board might do the trick too!
2. Images: magazines, images from old books or copyright free images online that you've printed out.
3. Adhesive: glue stick or any glue that you prefer.
4. Scissors. Detail scissors and an exacto knife are helpful for images that have complicated edges.

## Optional:

- Clear plastic card sleeves to protect your cards.
- Card frame to help with fitting the image on card surface.
- A brayer helps smooth away any pockets of air when adhering images onto cards.

SoulCollage® offers materials for purchase through their online shop here:

<https://hanfordmead.com/product-category/soulcollage-products/>

And, on Amazon here:

[https://www.amazon.com/s?k=soulcollage&qid=1595970945&ref=sr\\_pg\\_1](https://www.amazon.com/s?k=soulcollage&qid=1595970945&ref=sr_pg_1)

\*\*If you have any questions about the materials, please feel free to message or email me. I get supplies in bulk, so I may have what you need. You can also receive a starter kit when you register for the Soul Tending with SoulCollage® eCourse [[here](#)].